



Nutritional Values: (% based on 2000 calorie diet)

Soups

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Zinc (%)
Soups - Fluid oz, does not include roll. Just Fresh Cup = 6 fluid ounces; Just Fresh Bowl = 10 fluid ounces																	
Turkey Chili (8oz)	255	200	35	4	1	60	620	n/a	23	7	7	20	30	15	8	20	n/a
Garden Vegetable (8oz)	240	90	5	0.5	0	0	890	n/a	17	3	3	4	50	20	4	6	n/a
Chicken Noodle (8oz)	240	110	20	2	0	20	1260	n/a	17	<1	1	6	20	2	2	4	n/a
Loaded Baked Potato (8oz)	244	260	130	15	7	45	730	n/a	22	1	4	6	6	10	15	2	n/a
Broccoli Cheese (8oz)	245	180	110	12	7	40	1280	n/a	11	2	3	9	30	8	15	2	n/a
Roasted Garlic Tomato (8oz)	227	220	140	16	9	45	750	n/a	16	2	5	4	20	10	10	4	n/a

* All Just Fresh Nutritional values are estimates based on product information availability and suggested recipe portions. All values have been determined using statistical data provided by manufacturers of products and / or e-nutrition information provided by distributors. These values can vary depending on product substitutions, availability of certain products, seasonality of products, altering of menu recipe, changes in prep recipes and scale variations. Just Fresh does not guarantee 100% accuracy of nutritional values based on these reasons. Further, Just Fresh food products may contain or come in contact with several foods known to be allergens such as tree-nuts, peanuts, wheat products, dairy (milk and eggs), and in some facilities fish and shellfish.

*****Some items not available at all locations*****